

It's OK to Ask

When you understand what's going on with your health, you can make better decisions around your care and treatment. That's why it's important to ask your healthcare team the right questions.

What are the benefits of my treatment?

What are the risks of my treatment?

What are the benefits of my treatment?

What are the risks of my treatments I can try?

What if I do nothing?

To find out more visit,

nhsinform.scot/its-OK-to-ask

Our healthcare staff are more than happy to answer these and any other questions you may have.

Start feeling more informed about your health today and remember, it's OK to ask.

Your notes

You can use this space to write down your own notes.



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